



# *Make Family Health History a Tradition*

Step 1. Talk about it  
Step 2. Write it down  
Step 3. Share it with your doctor  
and family members

To get your free Family Health History  
Toolkit call the Health Resource Line at  
1-888-222-2542 or visit,  
[www.health.utah.gov/genomics](http://www.health.utah.gov/genomics)